



# Swa Vana

*All our children's dreams can come true if we have the courage to pursue them*

Registration Number: 2008/015742/08

NPO Number: 078-644

## SWA VANA MEDICAL SUPPLIES LIST FOR 2026

19 January 2026

### Medicine needed.

Colds and flu medication

Vitamins (C and D)

Medication for diarrhoea relief

Dulcolax (Constipation)

Stomach ache relief medication

Busco pan (stomach relief medication for children)

Mouth Veer Gel

Cough Syrups

Betapropfen (Ibuprofen)

Panado

Disprin

Throat Lozenges

### Ear Drops

- Silverlab ear drops
- Ear calm spray
- Antibacterial ear drops

Weight Scale

Antiseptic Liquid

Antiseptic Ointment

Burn and wound Shield

Gauze

Bandage

Immune support

Vicks Vapor rub (ointment)

Acid Redveer

Med-lemon

Gaviscon

Sinutab

Linctagon C (colds and flu)

### Eye Drops

- Allergy eye drops
- Antibacterial eye drops
- Vision red eye
- Pink eye

Plasters for children

Plasters for adults

Paraffin Gauze



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## **Hospital Referral Trips**

Single trip for 15 community members to Bushbuckridge hospital.

3500 ZAR including transportation and administration. Multiply by 4 trips the total will be 13 600 ZAR.

These are funds that the children and community members will need during and after the medical team's visit.

Optometrist consultation 800 ZAR per person

Basic eye tests 450 ZAR per person

Spectacles (frame and lenses) package 1500 ZAR per person.

Dentist consultation and removal of a single tooth 800 ZAR per person.

Filling of teeth in children plus consultation 1000 ZAR per person.

The above-mentioned medication and hospital referral trips will be needed during and after the medical team's visit to the Swa Vana centres. The funds raised will need to cover medical needs for the community members and beneficiaries until the next medical team's visit in 2027.

These will need to cover three centres across three communities. 449 beneficiaries and around 200/300 community members.

Thank You.